

Milagros Saxon, PhD, co-owner, CEO

Dr. Milagros Saxon is a Florida native. She moved to California after undergraduate studies to serve as an officer in the US Navy. She completed Pacifica Graduate Institute's Clinical Psychology PhD program with an emphasis in Depth Psychology. Dr. Saxon has worked in a variety of settings including not for profit community counseling centers, and private residential treatment programs. Her specialties include substance abuse/dependence, eating disorders, and other addictive and compulsive behaviors. Dr. Saxon has worked with patients of all ages in both private practice and as director of residential treatment programs. Additionally, Dr. Saxon has presented in a variety of settings in the community and in professional conferences on topics such as eating disorders, addiction, and working with military service members and their families.

[Click here to email Dr. Saxon](#)