

Mary has a graduate degree in Clinical Psychology from California State University. She has practiced at Insight Psychotherapy Group for the past five years and is a psychology professor at CSUF. Previously, Mary worked for several years at a local community counseling center. She has worked with individuals dealing with chronic illnesses, disabilities and head trauma at St. Jude Medical Center and Mt. San Antonio College, Disabled Student Services. Mary specializes in individual and couples' therapy and focuses on relationship and communication issues, phase of life transitions, as well as anxiety and depressive disorders.

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