

Heather is a Licensed Clinical Social Worker with a Masters Degree in Social Welfare from UCLA. Her specialties include treating eating disorders, depression and anxiety, trauma/abuse, personality disorders, and family and relationship issues. She worked for five years at The Guidance Center in Long Beach/Long Beach Unified School District, where she treated severely mentally ill teens and their families. Prior to moving into private practice, she focused on treatment of eating disorders for two years at Center for Discovery in Whittier.

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